**MINDSET - Week 2**

1. **What values am I passing on to my kids/those around me? What do they see me pursing? Do they see me chasing stuff? Working extra hours instead of being with them? Am I doing what I need to provide, or am I valuing the money I am making more than the people I love?**

1. **Saying “yes” to one thing is saying “no” to something else. We only have so many hours in the day. What am I saying yes to? What am I saying no to?**
2. **What do I want to be saying “yes” to? How can I more intentionally pursue my greatest “yes?”**

**CHALLENGE - Week 2**

**Monday –** Fill in the mindset portion of the challenge.

**Tuesday** – Clean out your car. Take out every piece of trash. Bring junk in. Make any returns this week. Wash and vacuum it out.

**Wednesday –** Kids rooms (if you have kids). Take a moment to talk to your kids about values. Include them in the process. “What can we pass along to bless someone else?” Clean out all pet items today too.

**Thursday –** Living spaces. Go through games, magazines, books, DVDs, CDs, décor, and even furniture.

**Friday –** Kitchen. Cabinets, fridge, and pantry. Only keep the Tupperware items that you actually use and that actually have a lid. Donate/toss anything that you don’t use.

**Saturday –** Garage. Rule of thumb – if you haven’t used it in a year, donate or toss it. Get rid of old paint that has gone bad. Sell antiques, old bikes, old tools, old toys, etc.

**NOTES**